



By: Moulana Ahmad Paruk

Negativity All Around / Nabi (sallallahu ‘alaihi wasallam) was Down / Surah Duha / Light at the End... / Your Rabb has not Forsaken You / Tests - Blessings or Punishment / Ponder over Favours / Lift Up the Spirits of Others / Spread Positivity / “Alhamdulillah” / Two Eases with Each Difficulty / Time to Turn to Allah Ta‘ala

Duration: 28:25

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