

The Eating of Rasulullah (sallallahu 'alaihi wasallam)

Hadeeth One

عَنْ مَسْرُوقٍ قَالَ : دَخَلْتُ عَلَى عَائِشَةَ رَضِيَ اللَّهُ عَنْهَا فَدَعَتْ لِي بِطَعَامٍ وَقَالَتْ :

Masrooq (rahimahullah) says, "I visited Sayyidah 'Aishah (radhiyallahu 'anha). She ordered food for me and (then) said,

مَا أَشْبِعُ مِنْ طَعَامٍ فَأَشَاءُ أَنْ أَبْكِي إِلَّا بَكَيتُ . قَالَ : قُلْتُ : لِمَ ؟

"Whenever I eat to my full, I feel like crying and then I do cry." Masrooq (rahimahullah) says, 'I asked, why (do you feel like crying)?'

قَالَتْ : أَدْكُرُ الْحَالَ الَّتِي فَارَقَ عَلَيْهَا رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ الدُّنْيَا ، وَاللَّهُ مَا شَبِعَ مِنْ حُبْزٍ وَلَحْمٍ مَرَّتَيْنِ فِي يَوْمٍ .

She replied, 'I remember the condition in which Rasulullah (sallallahu 'alaihi wasallam) departed from this world. By Allah, he never filled his stomach twice in one day with meat and bread.'

Hadeeth Two

عَنْ عَائِشَةَ رَضِيَ اللَّهُ عَنْهَا قَالَتْ : مَا شَبِعَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ مِنْ حُبْزِ الشَّعِيرِ يَوْمَيْنِ مُتَتَابِعَيْنِ حَتَّى قُبِضَ .

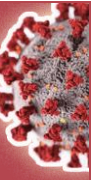
Sayyidah 'Aishah (radhiyallahu 'anha) says, "Rasulullah (sallallahu 'alaihi wasallam) did not fill his stomach with bread made of barley for two consecutive days till he passed away."

Hadeeth Three

عَنِ ابْنِ لِكْعَبِ بْنِ مَالِكٍ عَنْ أَبِيهِ رَضِيَ اللَّهُ عَنْهُ قَالَ : كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَأْكُلُ بِأَصَابِعِهِ الثَّلَاثَ وَيَلْعَقُهُنَّ .

Sayyiduna Ka'b bin Maalik (radhiyallahu 'anhu) says, "Rasulullah (sallallahu 'alaihi wasallam) would eat with three fingers, and he would lick them."

Notes:



Hadeeth Four

عَنْ أَبِي جُحَيْفَةَ رَضِيَ اللَّهُ عَنْهُ قَالَ : قَالَ النَّبِيُّ ﷺ : أَمَا أَنَا فَلَا آكُلُ مُتَّكِئًا .

Sayyiduna Abu Juhaifah (radhiyallahu ‘anhu) reports that Nabi (sallallahu ‘alaihi wasallam) said, “I do not lean and eat.”

Notes:
