

The Sleeping of Rasulullah (sallallahu ‘alaihi wasallam)

Hadeeth One

عَنِ الْبَرَاءِ بْنِ عَازِبٍ رَضِيَ اللَّهُ عَنْهُ أَنَّ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ كَانَ إِذَا أَخَذَ مَضْجَعَهُ وَضَعَ كَفَّهُ الْيُمْنَى تَحْتَ خَدِّهِ الْأَيْمَنِ وَقَالَ: « رَبِّ قِنِي عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ » .

Sayyiduna Baraa bin ‘Aazib (radhiyallahu ‘anhu) reports that when Nabi (sallallahu ‘alaihi wasallam) would retire to his bed, he would place his right palm under his right cheek and say, “O my Rabb! Save me from Your punishment on the day that You resurrect Your servants.”

Hadeeth Two

عَنْ حُدَيْفَةَ رَضِيَ اللَّهُ عَنْهُ قَالَ: كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِذَا أَوَى إِلَى فِرَاشِهِ قَالَ: « اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا » ،

Sayyiduna Huzafah (radhiyallahu ‘anhu) narrates that when Nabi (sallallahu ‘alaihi wasallam) would retire to his bed, he would say, “O Allah! In Your name I die and live.”

وَإِذَا اسْتَيْقَظَ قَالَ: « الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ » .

And when he awakened, he would say, “All praise be to Allah, Who restored life to us after having caused us to die, and to Him shall be the resurrection.”

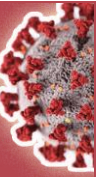
Hadeeth Three

عَنْ عَائِشَةَ رَضِيَ اللَّهُ عَنْهَا قَالَتْ: كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِذَا أَوَى إِلَى فِرَاشِهِ كُلَّ لَيْلَةٍ جَمَعَ كَفَيْهِ

Sayyidah ‘Aishah (radhiyallahu ‘anha) narrates that when Nabi (sallallahu ‘alaihi wasallam) would retire to his bed every night, he would gather both his palms,

فَنَفَثَ فِيهِمَا ، وَقَرَأَ فِيهِمَا قُلْ هُوَ اللَّهُ أَحَدٌ وَ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ وَ قُلْ أَعُوذُ بِرَبِّ النَّاسِ ثُمَّ مَسَحَ بِهِمَا مَا اسْتَطَاعَ مِنْ جَسَدِهِ ،

Notes:



Then he would blow into them and recite Surahs Ikhlāas, Falaq and Naas.
Thereafter he wiped with them those parts of his body that he could.

يَبْدَأُ بِهِمَا رَأْسَهُ وَوَجْهَهُ وَمَا أَمَامَهُ مِنْ جَسَدِهِ . يَصْنَعُ ذَلِكَ ثَلَاثَ مَرَّاتٍ .

He began with his head, face and the front part of his body. He did this thrice.

Hadeeth Four

عَنْ أَنَسِ بْنِ مَالِكٍ رضي الله عنه أَنَّ رَسُولَ اللَّهِ صلى الله عليه وسلم كَانَ إِذَا أَوَى إِلَى فِرَاشِهِ قَالَ :

Sayyiduna Anas bin Maalik (radhiyallahu ‘anhu) narrates that when Nabi (sallallahu ‘alaihi wasallam) would retire to his bed, he would say,

« أَلْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَكَفَانَنَا وَأَوَانَا ، فَكَمْ مِمَّنْ لَا كَافِيَ لَهُ وَلَا مُؤْوِيَّ » .

“All praise be to Allah, Who gave us food and drink, took care of our needs and gave us a shelter. How many there are who do not have anyone to take care of them and provide them with a shelter.”

Notes:
