

Adega Chicken

Last Updated Saturday, 23 February 2013 10:02



Chicken:

Ingredients:

Whole chicken

1 ½ tsp salt

1 tsp lemon pepper

1 tbsp garlic

1 tbsp chillie paste

1 tsp chillie powder

¼ tsp hyder

1 tsp crushed red chillies

Lemon juice

Method:

Cook chicken with ghee on low for 10 mins. Remove and place on tray

Sauce:

Ingredients:

Add garlic butter in pot

3 tbsp nandos chakalaka

3 tbsp nandos mediterranean sauce

3 tbsp garlic peri peri

3 tbsp mayonnaise

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1 tsp crushed

Red chillies

Method: Boil till thick

To assemble: Pour sauce over chicken. Cover with foil and grill in oven for 20 mins. Serve with half savoury rice and chips