



Correspondence of Hazrat Moulana Shah Hakeem Muhammad Akhtar Saheb (rahimahullah)

Condition:

Before establishing a relationship of reformation with you, it was my habit that when I experienced any need, I would read:

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1200 times after the 'esha salaah for twelve days. Does Hazrat permit me to practise this for one or two needs of mine?

Answer:

In today's times, the health of the people cannot bear lengthy wazeefahs. Instead of this, offer two rak'aats of salaatul haajah and make du'aa. This is preferable because it is sunnah. (Solutions to Spiritual Maladies for the Lovers of Allah Ta'ala, pg. 244)